

APOSTOLIC PROJECT

The Apostolic Project takes the place of the traditional Service Hours. Twenty hours of service will be completed by the student over two years and should incorporate both the Corporal and Spiritual Works of Mercy and one of the four categories of service areas (listed below). Please note that we require at least two types of service. A maximum of 10 hours is accepted for any one type of service.

Corporal Works of Mercy:

- Feed the hungry
- Give drink to the thirsty
- Clothe the naked
- Shelter the homeless
- Visit the sick
- Visit the imprisoned/homebound
- Bury the dead

Spiritual Works of Mercy:

- Admonish the sinner
- Instruct the ignorant
- Counsel the doubtful
- Comfort the sorrowful
- Bear wrongs patiently
- Forgive all injuries
- Pray for the living and the dead

APOSTOLIC PROJECT SUGGESTIONS

Service Area: Serving the poor and needy of our community

- Visiting nursing homes (make cookies for the residents)
- Helping at the food truck, or giving out food
- Helping with a food drive
- Helping with a clothing drive
- Helping a neighbor with shopping
- Helping a neighbor rake leaves or shovel snow
- Helping with furniture pick-up
- Babysitting (for free)
- Pray a rosary for those in need
- Offer a holy hour for those who have died

Service Area: Instructing others (esp. the youth) in our faith

- Make rosaries
- Teach someone how to pray the rosary
- Setting up/serving for First Communion
- Vacation Bible School/Summer Camp
- Helping teach prayers to younger students

Service Area: Beautifying/ Benefiting our Parish

- Helping with Christmas/Easter Decorations
- Assisting at Mass (as altar boy, lector, usher, etc.)
- Legion of Mary
- Helping with sacrament receptions
- Helping with the St. Rita Festival
- Bring someone to Mass who cannot get to Church on their own.

Service Area: Pro-Life Activities

- March for Life
- 40 Days for Life
- Making signs for the Walk for Life
- Praying outside an abortion facility
- Assisting at the Mother of Light Center

Christ Has No Body

by St. Teresa of Avila (1515-1582)

Christ has no body but yours,
 No hands, no feet on earth but yours,
 Yours are the eyes with which he looks compassion on this world,
 Yours are the feet with which he walks to do good,
 Yours are the hands, with which he blesses all the world.
 Yours are the eyes, you are his body.
 Christ has no body now but yours.
 No hands, no feet on earth but yours,
 Yours are the eyes with which he looks compassion on this world.
 Christ has no body now on earth but yours.

**ST. RITA CATHOLIC CHURCH AND SCHOOL
CONFIRMATION APOSTOLIC PROJECT – INDIVIDUAL WORK SUMMARY**

Use a separate sheet for each service project. (Example: submit one copy of this form for 10 hours of altar serving)

Name of Confirmation Candidate _____

Type of Service _____

I performed this service for _____ hours on _____ (date)

Description of Service Performed:

One of the greatest gifts we have is offering our work as a prayer. My prayers intentions for this project were:

This service was important because:

One thing I thought was difficult about the service is:

One thing I thought was easy about the service is:

One thing I learned about myself is:

Other people who helped in this service were:

The Corporal or Spiritual Work(s) of Mercy done in this service was:

How did this project prepare you for future service in the Church and community?

Student's Signature: _____

Adult's Signature: _____ Date _____

